



Mission Statement

To learn about how the environment affects a woman's pregnancy and her child's health. To understand more about the effects of air pollutants, chemicals and stress on a mother's weight during and after pregnancy, on her baby's birth weight, growth and early life health.

Dear MADRES Community,

As the global effect of coronavirus (COVID-19) continues to evolve, the MADRES study is committed to the health and safety of our participants and their families. **We have moved all visits to phone calls for the time being and will resume in person visits when it is deemed safe by public health officials.**

The MADRES team wants you to know that our thoughts are with you during these difficult times. We understand that this has been an adjustment on our daily lives and we thank you for your time and continued participation in the study.

Sincerely,
The MADRES team



COVID-19 Family Support

We encourage you and your family to visit the following resources for parents and pregnant women, available in English and Spanish:



- Information for pregnant and breastfeeding women.
www.zerotothrive.org



- Information for parents struggling to balance work, child care, and self care.
www.childmind.org

- Commonly asked questions for pregnancy, childbirth, and breastfeeding.
www.who.int



- Information for WIC families.
www.cdph.ca.gov

1st Trimester

Visit @ USC:
Questionnaires,
measurements,
samples



2nd Trimester

Questionnaire by
phone



3rd Trimester

Visit @ USC:
Questionnaires,
measurements,
samples



Birth

Birth Samples



7-14 days

Brief
questionnaire by
phone

1 Month

Visit @ USC
Questionnaires,
measurements
(mom/baby),
samples (baby)



3, 6, & 9 Months

Questionnaire by
phone



12 Months

Visit @ USC:
Questionnaires,
measurements
(mom/baby),
samples(mom/baby)



211 LA is the central source for providing information and referrals for all health and human services in LA County. Contacting 2-1-1 LA is free, confidential, and accessible in 140 languages.



COVID-19 Prevention Guidelines - as recommended by the CDC

- Wash hands with soap and water.
- Clean and disinfect frequently touched surfaces daily. If surfaces are dirty, clean them using detergent or soap and water prior to disinfection.
- Avoid touching eyes, nose or mouth with unwashed hands.
- Cover your mouth and nose with a cloth face cover when around others.
- Cover your cough or sneeze with a tissue or your elbow.
- Avoid close contact with people who are sick.



For more information visit:
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

